



Polar Bear Dip Activity Consent

Participant Information (print clearly)

Participant Name _____ Group Name _____

Full Address (city, state, zip) _____

Phone _____ Age, if under 18 _____

Any limitations to participation? (physical, medical, behavioral)

Emergency Contact _____ Relationship _____ Phone _____

Wisconsin statute ATCP 78.20 requires camps obtain name and home address of every participant including emergency contact information.

In addition to our other activities, the above named participant will also have the opportunity to participate in the Polar Bear Dip activity. The Polar Bear Dip participants dunk themselves into the water in a hole cut in the ice on the lake. Participants subject themselves to extreme cold temperatures during this activity. The hole in the ice is approximately 4 feet by 4 feet, located in shallow water approximately 3 to 4 feet deep so that participants can stand as needed, or briefly dunk themselves underwater as desired. The ice is a minimum of 7 inches thick. The activity is supervised by Covenant Harbor-provided lifeguards. Participants must wear shoes during this activity at all times. Participants must bring dry and warm clothes and a towel to the site so that the participant may warm themselves as quickly as possible after dipping in the ice water. Participants must be able to follow safety instructions, be able to jump into, and climb out of the hole in the ice as described above. The Polar Bear Dip can be strenuous and is of a different nature than some participants are used to.

- Yes, I consent to the above named participant to do the Polar Bear Dip activity
- No, I do not want the above named participant to do the Polar Bear Dip activity

Participant Signature /Legal Guardian (if minor): _____

Printed Name: _____ Date: _____

1724 W Main St Lake Geneva WI 53147

Phone: 262.248.3600

Fax: 262.248.6814

covenantharbor.org



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